

Senior Citizen

Fire Safety

In South Carolina, 2 out of 3 fire fatalities are over the age of 50 and 1 out of 4 are over the age of 70. Senior citizens over 65 make up 16% of South Carolina's population, but account for 38% of annual fire fatalities.

Smoke Outside



Put cigarettes out in an ashtray or bucket with sand. Use ashtrays with a wide base. Do not smoke in bed. **NEVER** smoke inside a home where medical oxygen is used.

Stay in the Kitchen



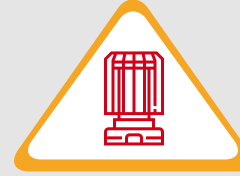
Never leave cooking unattended. Use a timer when cooking. Don't cook if on medication that causes drowsiness. Wear tight fitting or short sleeves when cooking.

Smoke Alarms Save Lives



Smoke alarms should be installed in every bedroom, outside each sleeping area, and on every level of your home. Test smoke alarms monthly. Replace smoke alarms after 10 years. Install a carbon monoxide alarm on each level.

Give Space Heaters Space



Keep anything flammable at least 3 feet away from any heat source. Shut off and unplug heaters when leaving home or sleeping. Always plug heaters directly into a wall outlet.

Fire Drill Plans and Prep



Carefully draw out a fire drill plan and practice it at least twice a year. Plan two ways out of each room and make sure windows and doors open easily. Review your plan often and update it as your abilities change.

Stop, Drop, & Roll



If your clothes catch on fire - stop, drop gently to the ground, and roll back and forth until the fire is out. If you are unable to drop and roll, smother the flames with a blanket or towel.